

# OUR BODY SAFETY RULES

**STOP!**

Touch needs  
my consent!

**MY BODY  
BELONGS TO  
ME!**

I don't have  
to watch things  
that make me feel  
**worried** or  
**scared.**

Everybody  
gets to say  
**yes** or **no** to  
touch.

Some body  
parts are private,  
like **bottoms,**  
**penises** and  
**vulvas.**

My safe adults will  
always **listen** to me  
and **help** me.